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## SANTA ANA COLLEGE on **tuesday**

Dedication ceremonies for the new Cesar Chavez Business and Computer Center will be held at 10 a.m. on the south side of the complex.

Volume 74, Issue 9

17th at Bristol Street, Santa Ana, California 92706

Friday, September 1, 1995

### INSIDE:

Big Band music.  
Big dance steps.  
Swing dancing is big once more.  
Style, Page 6



### So long Summer

As summer comes to an end, its images seem to disappear into the sunset. Santa Ana College photographer Christina Georges captures some of these memorable impressions in her photo essay on page 7.



By Stacy Bush  
*el Don News Editor*

Barbara Peterson, 46, has had her breast implants for 10 years. She has no concerns and has had no complications.

"I try not to think about the negative," she said.

What she tries not to think about is the possibility that silicone breast implants may cause her serious health problems.

Various studies dispute the idea that implants cause illness such as autoimmune and connective tissue disease.

But last month, a Louisiana state jury ruled that Dow Chemical (co-owned by Dow Corning) one of the major manufacturers of silicone breast implants, did not thoroughly test silicone

# Beauty and the BREAST

implants and attempted to hide their possible health risks.

The Dow Corning Corp. has offered over \$2 billion to settle claims made by over 400,000 women who

say the implants have indeed caused them harm.

"The growing body of comprehensive and respected medical studies along with numerous court decisions support the view

that implants do not cause disease," said Gary Anderson president of Dow Corning.

Since 1992, silicone implants have been banned because of the possible

dangers linked with silicone leakage into the body.

According to the Food and Drug Administration, silicone implants are now only used in certain clinical studies and reconstructive surgeries.

Saline implants, which are filled with salt water, have replaced silicone because they present a lesser health risk.

"It is estimated that since 1962, between one and two million women have had silicone breast implants to enhance their physical appearance," said Stephen B. Edelson, M.D., from the Environmental and Preventative Health Center of Atlanta.

Please see BREAST, Page 3

●VIEWS: Plastic surgery is not a panacea for social ills page 9

●FEATURE: Most SAC students are opposed to breast implants page 10

**Experts are divided over silicone breast implants and the dangers they pose to women**

# NEWS BRIEFS

## □ STATE

### RENO WARNS AGAINST DATE RAPE DRUGS

SANTA MONICA, Calif.-Attorney General Janet Reno launched a national effort Aug. 11 to warn college students about the dangers of "date-rape" drugs - dangerous substances used by sexual predators to knock victims out before attacking them.

Reno appeared at the Rape Treatment Center at Santa Monica-UCLA Medical Center to kick off a campaign to distribute posters, flyers and bookmarks to college campuses. The material provides information on two illegal drugs, Rohypnol and GHB, that have been linked to an increasing number of rapes.

In many cases, the odorless, nearly tasteless drugs are slipped into a victim's drink, causing them to pass out and have little memory of the crime or the attacker's identity.

"It's time for everyone to wake up to the threat," Reno said.

Rohypnol, also known as "roofies," is 10 times stronger than Valium and can cause memory loss, muscle relaxation and rapid sleep onset. GHB, also known as Grievous Bodily Harm or Liquid X, can cause vomiting, dizziness, tremors and seizures.

The drugs often are used by some college students to get a quick high from alcohol and marijuana.

"When mixed with alcohol, these drugs can be as lethal as a gun or a knife," Reno said. UCLA has purchased 40,000 bookmarks and plans to put one in every textbook sold this fall.

- College Press Service

## □ LOCAL

### RETRO FASHIONS MORE COSTLY THAN ORIGINALS

Marcia! Marcia! Marcia! How much are those flared polyester pants?

A lot pricier than they were back in the 1970s, when bell bottoms, wide belts and flower-power fabrics were the rage, says University of Minnesota economist Wilbur Maki.

With students arriving back on campus sporting retro fashions, Maki decided to compare price tags from 1977 and 1997 to see how much of a price difference 20 years has made.

He found that women will pay more for fashion today than they would in 1977. For instance, a pair of platform shoes selling for \$20 in 1977 would cost \$32 today. And while men's apparel is up 64 percent from 1977, women's apparel is up a whopping 84 percent.

That's because retailers have caught on to the fact that more women are working and control their own money now, and are willing to dole out more cash for clothes, Maki says. Back in the '70s, women's apparel was largely overlooked by designers, he says.

It's a different story today. For designers who are cashing in on the '70s look two decades after The Brady Bunch, "there's a lot of money there," he said.

- Collegiate Press Service

## □ CAMPUS

### SANTA ANA COLLEGE HOSTING CITIZENSHIP DAY

Volunteers are needed to assist those seeking U.S. citizenship when Santa Ana College hosts Citizenship Day on Sept. 20.

The volunteer staff will help applicants fill out forms, take fingerprints and issue identification cards between the hours of 9 a.m. and 4 p.m.

Citizenship applicants must be 18-years-old, legal immigrants for at least five years; three if married to a U.S. citizen. Applicants must be able to pass a test on American history and government administered in the English language, unless they meet specific exemption criteria.

Potential citizens must be of good moral character and have the ability to speak, read and write basic English.

Applicants must bring a photocopy of both sides of their green card and any information about their families, former employment, addresses or spouses, along with a \$95 check or money order made out to U.S. Immigration and Naturalization Service.

For further information please call 1 (800) 789-9993.

# PROFILE ONE DAY AT A TIME



Tom Street / el Don

**UP CLOSE:** For over 28 years Andrea Illingworth has been serving students food and a smile.

By Yoke Yin Chong  
*el Don Staff Writer*

With a pink uniform, an apron, and a friendly smile on her face, she takes the students' lunch orders from behind the counter. Andrea Illingworth has been working in the Santa Ana College cafeteria for 28 years and is as nice as people say. In fact, her smile creates an intimacy.

After graduating from college in Mexico, she landed the job at the SAC cafeteria as a cook assistant. She did not plan to stay long, but her interest in cooking kept her from leaving.

"I like this job, or you may call it my career--a cook assistant. I started from the bottom and gradually climbed to where I am today, a diversified food server who has pretty much reached the top of the department. I work 10 hours a day, learning everything which I can lay my hands on. I also like baking cakes. The cakes that you see on the tray are my own recipes," she said.

Moreover, Andrea likes spending her time and energy training talented people who are interested in cooking.

She is responsible for

suggesting that the school rebuild the cafeteria. "The kitchen needs to be updated with new ovens. All of the equipment is old, and that would be nice to have a new one," Andrea said.

"We would like to make it nicer, especially the food service area where we want to make more convenient spaces for the students," Andrea adds.

She does her best to give students clean tables and chairs. Furthermore, Andrea is also responsible for the quality of the food and reasonable prices.

During her free time, she walks three miles, three or four days a week in the evening for exercise. Every morning, she gets up at 2:30 a.m. and begins working at 3:30 a.m.

"I usually get off at 12:30 in the afternoon. Sometimes I stay late if necessary, and then I take an hour nap after I get home, before I do anything else." The walks give her the healthy and younger-than-50 look.

"On the weekend, it's time to relax. I enjoy dancing, movies, and music. I love jazz and blues very much. Sometimes I'll go to a concert or have dinner with my brother," she said.

"When I am working, I devote all my energy to it," Andrea said, "but when school is out, it's time for myself and I devote my time on me."

"When I was a kid," she recalled, "my family had our own businesses which were the grocery store and restaurant. The responsibilities and the

*"I think life is tough in certain ways. Life is full of surprises. Life can bring you happiness and sadness, and life brings you combinations of many things"*

physical and mental demands scared me from ever having desire to own a business again." Although her position as a supervisor carries many responsibilities demands, she is used to it and even appreciates the task.

*"I think life is tough in certain ways. Life is full of surprises. Life can bring you happiness and sadness, and life brings you combinations of many things," she said.*

*"When I was 20 years old, I lost my baby daughter that only lived 10 days..."*

Andrea's eyes became red as she choked up with tears.

*"One month after my daughter died, I lost my husband."*

Andrea continued the saddest story in her life.

She remarried when she was 24 and did not have any more children. Her second husband died only three years ago.

*"I am single now. I go wherever I like and I do whatever I want," she said.*

For Andrea, the most important thing in life is to stand up after you fall down, remembering your life and learning to enjoy it again.

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# Breasts:

Controversy continues over silicone breast implants

**Continued from Page 1**

"Some thirty years later," he said, "thousands of women are second guessing the wisdom of this choice..."

Autoimmune diseases such as lupus, arthritis and skin diseases including scleroderma and dermatomyositis are often linked to silicone breast implants. This is an illness in which the immune system acts abnormally against the body and produces antibodies to attack its own tissues, cells and organs.

Connective tissue disease is also commonly related. Connective tissue joins the body's various organs, muscles, and tendons.

The controversial question concerning silicone breast implants is whether or not they actually cause such disorders.

A Great Britain study that covered millions of people showed absolutely no evidence of an increase of illness in women with breast implants compared with illness in women with no breast implants, said Dr. Guillermo Castillo, president of the American Academy of Cosmetic Surgery.

Marian Segal whose article was published in the Nov. 1995 issue of FDA Consumer, said that complications were high.

"Between Jan. 1, 1985, and Sept. 17, 1996, FDA received 103,343 adverse reaction reports associated with silicone breast implants and 23,454 reports involving the saline implants."

Yet a 1994, the Mayo study found no relation to connective tissue disease and breast implants, Segal said.

The study was based on 749 women with implants and a similar group of women who did not have implants.

"Because of the limitations in size and type of the studies, however, the true risk of these diseases is not known," said S. Lori Brown, Ph.D., a research

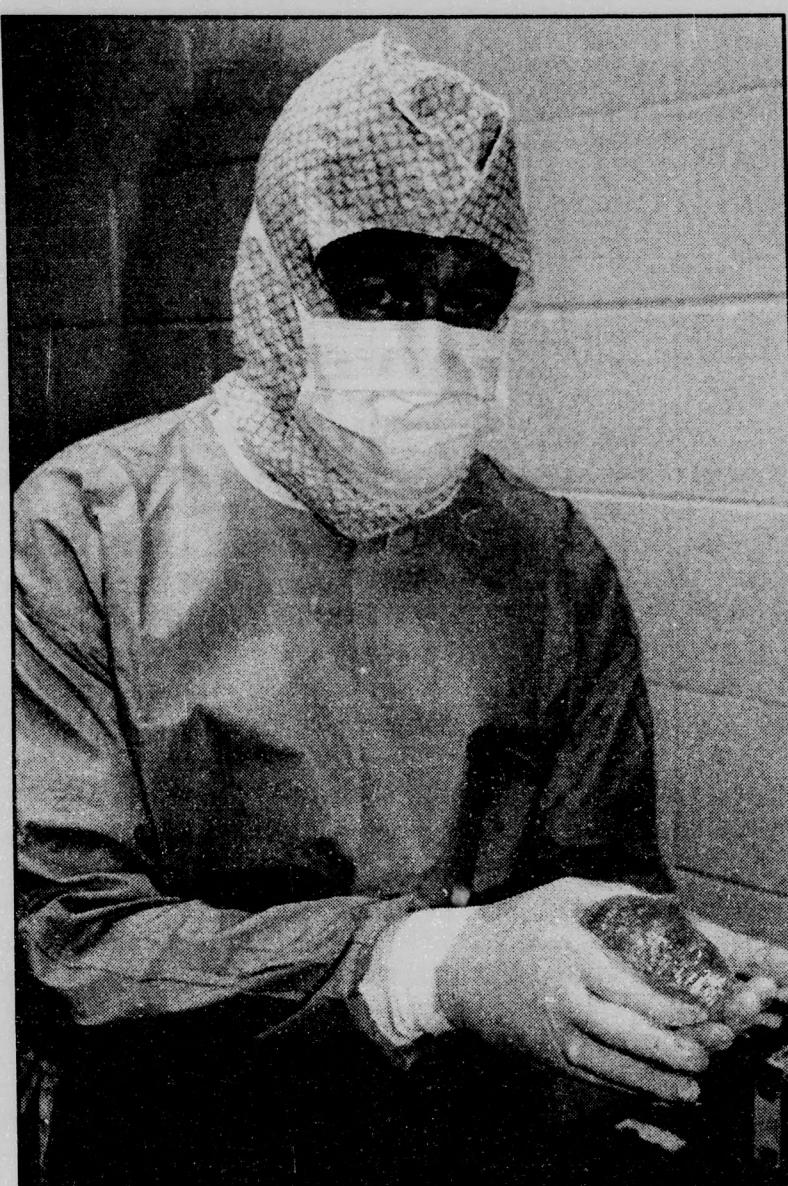


Photo illustration by Christina Georges / el Don

Silicone implants have been banned for use in cosmetic surgery. They are now only used in clinical trials and reconstructive surgeries.

Chemicals found in silicone breast implants

- Acetone
- Printing Ink
- Freon
- Silicone
- Flux
- Metal
- Cleaning Acid
- Oakite
- (a cleaning solvent)
- Zinc Oxide
- Talcum Powder
- Epoxy Resin
- Lofol (formaldehyde)
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Santa Ana resident Jessica Hernandez, 15, wants to major in Psychology and write books.

This former Century High School student believes attending Middle College High School will give her that chance.

A sign above the door reads "Welcome MCHS class of 2000."

Middle College High School opened at Santa Ana College three weeks ago. The students are planning their first dance, a newspaper of their own and a yearbook staff.

Johnny Williams, Middle College High School principle, said that 84 students went through the summer introduction program and enrolled in a variety of college courses this fall including computer science, keyboarding, sociology, foreign language, and music.

At lunch time, groups of students gather around the portable buildings much like in a traditional high school. They are already forming friendships and study groups. Williams said having a school dance is a good way for the students to meet each other.

"We are trying to make the campus feel as much like home as possible," he said.

New programs such as journalism and

## Aiming High at Middle College

**Education:**  
Students find an alternative to high school at Santa Ana College



By Monica Hernandez  
*el Don Staff Writer*

Part II in  
a series

yearbook classes, elections for school officers and even an attendance monitor are in the works. The monitor calls home if the student does not come to school.

"We're a little bit structured, but it's still a college environment," Williams said. "There are no bells at the end of class."

The idea of middle college is not a new one. Orange Coast College, in the Newport-Mesa School District, opened a middle college in the fall of 1995, and others in Chicago and Memphis have been operating for about 20 years. Two other middle colleges have operated since 1989 in California, one in Los Angeles and one in the Northern California town of San Pablo.

Orange Coast College's principal of alternative education, Carole Castaldo, said that setting up the program is a tremendous amount of work. Castaldo said she spent the first year at OCC getting everything started. Last year was the first year with students.

"The students seem to spend the first semester gaining the self-discipline necessary to take full advantage of the opportunities offered to them," Castaldo said. "For some this means they won't be ready until the 11th grade."

There may be a few who were not chosen correctly and don't fit the program, Castaldo said. At OCC there are about eight students who moved from middle

college to alternative high school.

"Last year we had 42 (Middle College High School) kids who were enrolled in 88 of the college level classes in addition to their required middle college classes," Castaldo said. "These students are very enthusiastic."

OCC middle college student Mayra Diaz, 16, who used to attend Costa Mesa High School, says it's the teachers that can make a difference.

"In our old school the classes were piled up with students, so teachers never had time for us," Diaz said.

"At this school you're an individual," Hernandez said, "There's more workload, but it's your responsibility. And it's interesting because you want to be here."

In September of 1998 another sophomore class will be added at SAC, eventually bringing school attendance to about 300 students in the 10th through 12th grade.

While students from these programs say they miss old friends, the environment must be working. Teachers and parents indicate the students are motivated by the challenge, bringing some high school C students to the A or B level in Middle College High School.

## Proposition 209 is put into effect

**STATE:** Public schools free to eliminate affirmative action programs

By Stacy Bush  
*el Don News Editor*

Proposition 209, the anti-affirmative action initiative, officially took effect last month after the federal appeals court denied a rehearing.

The Supreme Court was asked to stop enforcement of Proposition 209 only one day after it took effect on August 28.

Several civil rights groups and San Francisco city officials filed emergency requests to Justice Sandra Day O'Connor, in hopes of halting 209's implementation.

A response is not expected from the Supreme Court until a response is issued from Attorney General Dan Lundgren's office.

Proposition 209 is a contro-

versial civil rights initiative which has found its way in and out of the court system.

It was first passed by 54 percent of the people's vote in November of 1996.

It prohibits all racial, ethnic and gender preferences in the state in public schools, businesses and government.

This measure will affect some schools, especially those in the University of California system, but it is not expected to have an effect here at Santa Ana College.

"It is possible that the measure may have some impact on us, but as of now there is no clear implementation," said Patricia Cole, Director of District Relations.

Shortly after 209's passage almost a year ago, it was banned

by U.S. District Judge Thelton Henderson.

He said the proposition violated constitutional rights of equal protection.

In April of 1997, the 9th Circuit Court of Appeals overruled Henderson's injunction.

Later that same month, California civil rights groups requested that a federal appeals court rehear the decision, thus delaying implementation.

"All of us need to find ways to make this a truly colorblind society," said Howard Klein, an Irvine lawyer who worked on Proposition 209 before it was submitted to lawyers.

"We need to find a common ground, to try to remove institutionalized racial discrimination, whatever vestiges of it exist."

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# 'Special day' set for Chavez dedication

**CAMPUS:** Business and computer facility opens Tuesday.

By John Petito  
el Don Staff Writer

After months of anticipation, Santa Ana College's new Cesar Chavez Business and Computer Center will be officially dedicated in ceremonies on Sept. 16, at 10 a.m. at Santa Ana College.

Community, political and business leaders will be on hand for the dedication of the building, named in the memory of Cesar E. Chavez, the renowned champion for the rights of migrant farm workers. The keynote speaker will be Paul F. Chavez, son of Cesar Chavez and chief executive officer for the National Farm Workers Service Center, Inc.

"We are pleased that Paul and other members of the Chavez family will join us for this very special day," said Dr. Edward Hernandez, Rancho Santiago Community College District chancellor.

"The opening of the Chavez Center is launching a new area of instruction for

our students and the community," he said.

The Chavez Center has 53,000 square feet of usable space, covering two stories that include six classrooms and 16 laboratories. It replaces the previously known "A" building at SAC, the first permanent structure built on the existing property in the late 1940s. The center will serve as the home for the Business Division, Fine Arts Division, Information Services Technology Department, and the Professional Development Department.

These days, Paul Chavez runs the organization founded by his father. It is a non-profit group that concentrates on affordable housing, property management, and the operations of five radio stations. All departments serve farm workers, their families and many low-income families in California's San Joaquin Valley.

Another highlight of the dedication will be the unveiling of a mural detailing highlights of Cesar Chavez's life, painted by noted Orange County artist Emigdio Vasquez on the wall adjacent to the north side entrance to the building. Following the ceremony, tours and live classroom demonstrations are scheduled.

For further details on the Chavez building dedications call (714) 564-6474 or (714) 564-6093.



Tom Street / el don



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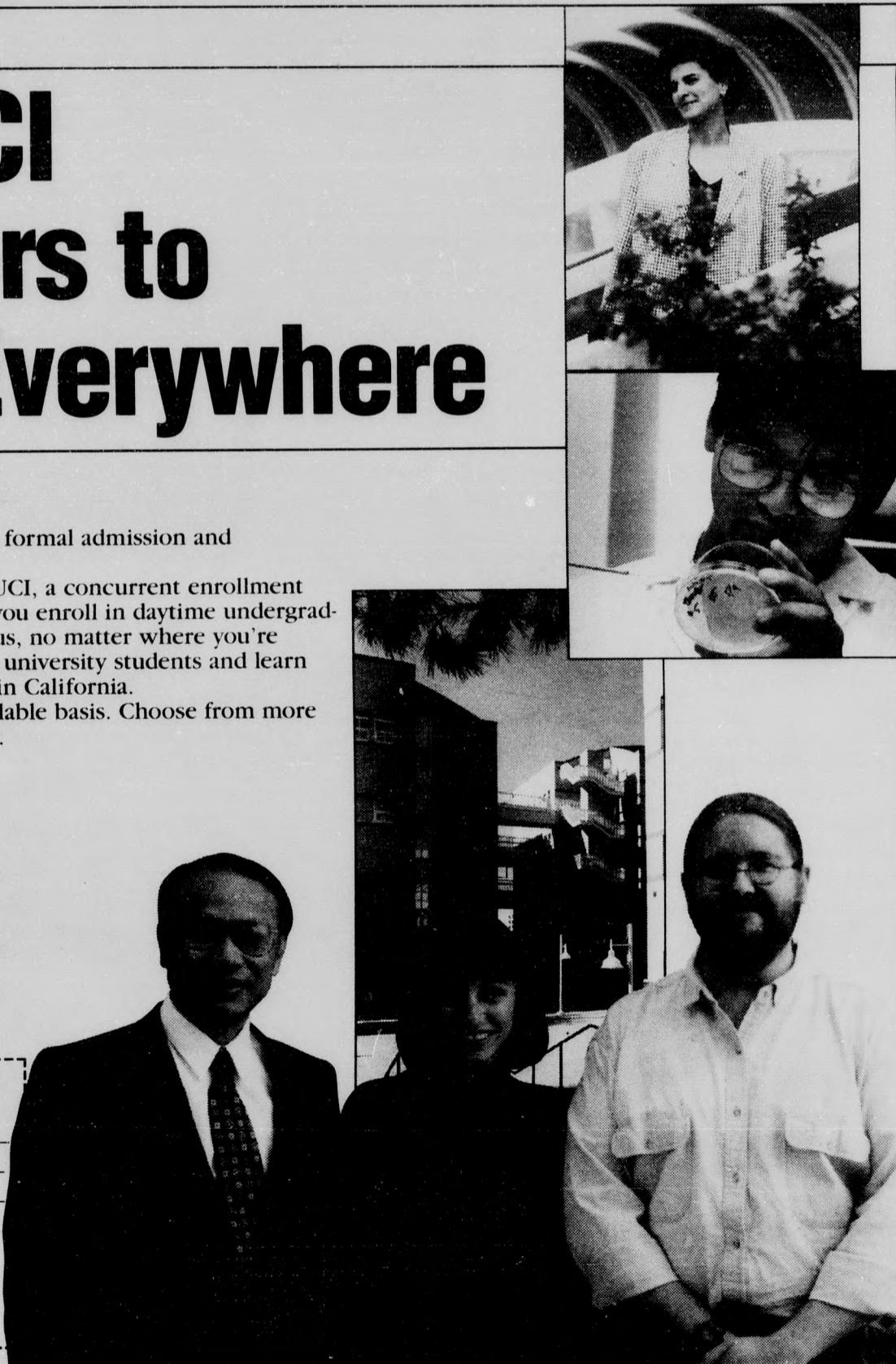
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Elvira Weigold

**Get your foot  
off the brake,  
you're jamming  
up my life**

Will someone please tell me what the deal is on the freeway. There are no stop signs or stop lights yet traffic suddenly comes to a halt.

Is there some magnetic force that compels drivers to press the brake instead of the accelerator pedal?

**Freeways were designed to keep traffic flowing at a constant pace, but the only constant thing they do, is clog like a grease laden artery.**

Merging is not that difficult people! But it is the root of all evil on the freeway. Go. Don't go. Go. Don't go. It's not that mind boggling. Just press the accelerator pedal and move over. All the hesitation causes wrecks and traffic jams.

I work for a traffic monitoring company and, unfortunately, I see it all the time. After sometime, I've learned to entertain myself with the never-ending cell phone calls from angst-ridden commuters.

"Why is the east-bound 91, the Riverside freeway crawling," asks an annoyed voice.

"Well, it's the second Thursday of the lunar month and El Niño is having a horrible effect on the gravitational pull," I respond.

Absolute silence from the cell phone caller.

"Or perhaps it's because it's 5 p.m. on Thursday, which is usually considered the middle of rush hour," I suggest.

-100-

**It don't mean a thing if it ain't got that**

# Swing

The popular dance craze of World War II is back in style, growing from cult status to a national youth trend.



**By Tara Fleig**  
*el Don Style Editor*

**H**ey all you dancers out there, slip on your saddle shoes and grab your partner, because it's time to go Swinging. That's right, the popular Big Band, Jitterbug dance style of the late 1930s is now making a strong comeback. Swinging is bouncing across the majority of the dance clubs in Orange County and many clubs offer free lessons at least one night a week.

Swinging began making its return a few years ago when the movie "Swing Kids" came out. "Swing Kids" told the compelling story of how swing dancing was banned in Germany during World War II. The popularity of movies with swing dancing incorporated into them and the rise of modern swing bands have begun making a swing renaissance.

In the 1930s, Glenn Miller and his orchestra was the band to see. In the '90s, bands like Squirrel Nut Zippers and Big Bad Voodoo Daddy are selling out shows. In the '30s, Swinging was a carefree dance that took everyone's mind off the war and the depression. In the late '40s it celebrated a time of freedom and victory. Now, in the hurried '90s, Swinging offers people a chance to go out and let off some steam.

and let off some steam.

Here's where to go Swinging:

**The Rhino Room** has free swing lessons every Wednesday night at 8 p.m. with Audry for 21 and older. Cover charge varies. (714) 892-3315

**Mums** has Manhattan Style swing Thursday nights at 7 p.m. for 21 and

older. (562) 491-5220.  
**Club Max** offers East Coast swing Sundays from 2 to 6 p.m. for 21 and older.

**Music City** also has East Coast swing at 8 p.m. every Sunday for

**Global Village** has swing dancing for all ages every Tuesday night. (714) 752-2222.

(714) 780-9223.  
**Disneyland** also offers swing for all ages every Saturday beginning at 7:30 p.m. Admission is \$36.

suggest.  
etc.



Photos by Christina Georges

# Reflections of summer

## Commentary:

**Striking California summers create fond memories and force us to grow.**

**Ethan M. Rogers**  
*el Don Staff Writer*

**A** lot has changed since I developed my first images of summer. I have to work, or go to school, or fill some other sort of commitment.

One thing hasn't changed and probably never will. It's the way I see summer. The images that come to mind are still the same. It's a romantic view, and it's a perspective I wouldn't want to lose.

I've never known when summer's official start date is. And I'm not sure it really

matters. For me, it always started the last week of school. You could feel it in the air around you. It was tangible. It was summer.

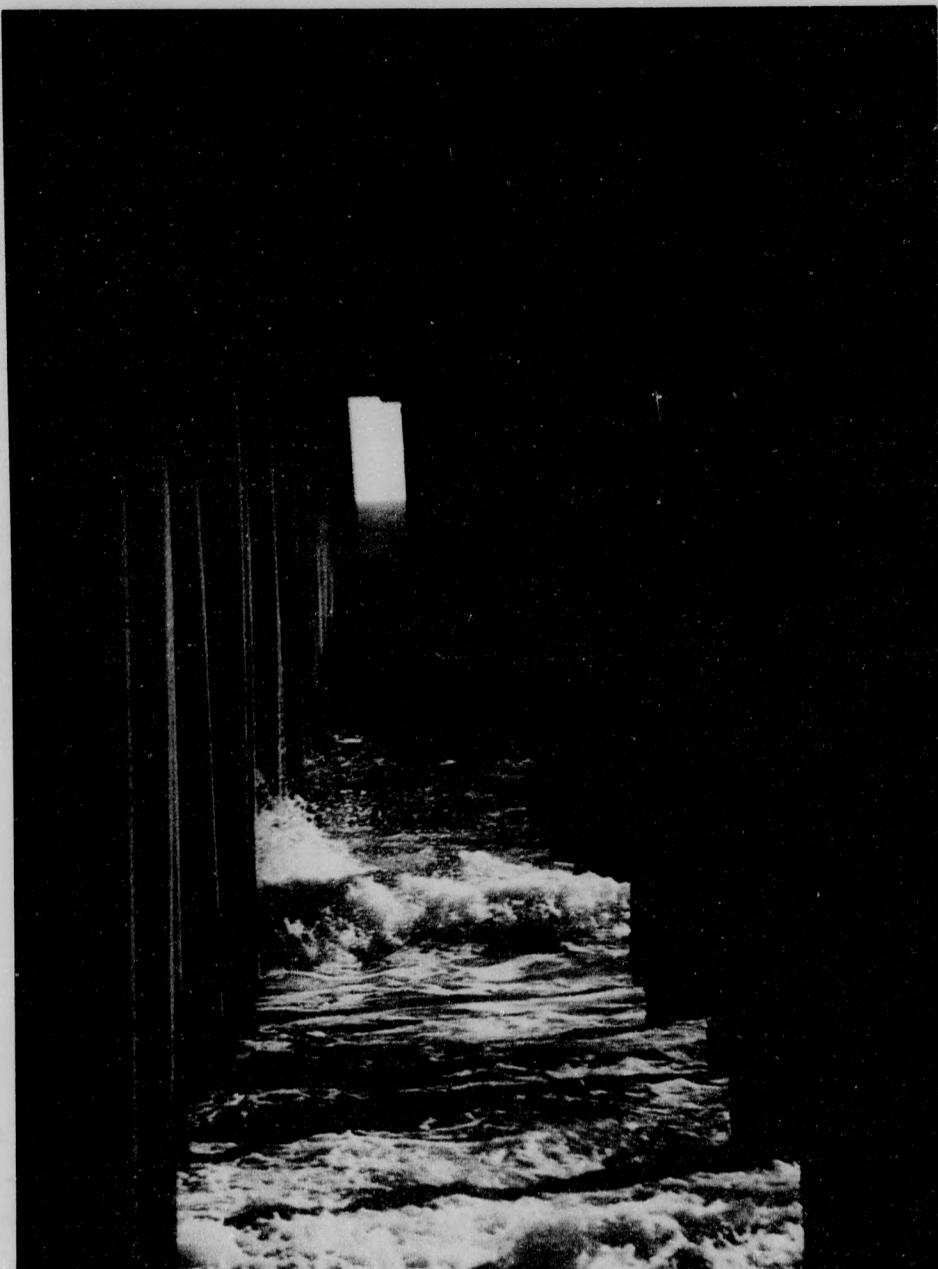
Summer always meant swimming pools, watermelon, air conditioners, and especially the Fourth of July.

But it meant a lot of other things too. It meant that I could do whatever I wanted, when I wanted (as long as it was ok with Mom).

The season of the year when the sun is felt the most, meant convertible cars, sprinklers, volleyball, cookouts at the beach, late nights, and later mornings.

Summer was wearing shorts and sandals, relaxing, and taking it easy. Summer meant freedom.

The only problem with summer is that it always



The waves gently pound on the smooth gray shore, a calm breeze caresses sun burnt cheeks, and as sandy feet dangle from the edge of the wooden pier, one becomes mesmerized by the rhythmic break of the water.

comes to an end. In fact we're closing in on the end right now.

Everyone, from kids starting kindergarten to college students and beyond, are about to close another chapter on the summers of their life.

We're getting down to the

last days of sunshine and warm weather. But one thing we'll have are memories of another summer gone by.

New memories will build on the old and add a little something to our lives; another summer to look back on and cherish.

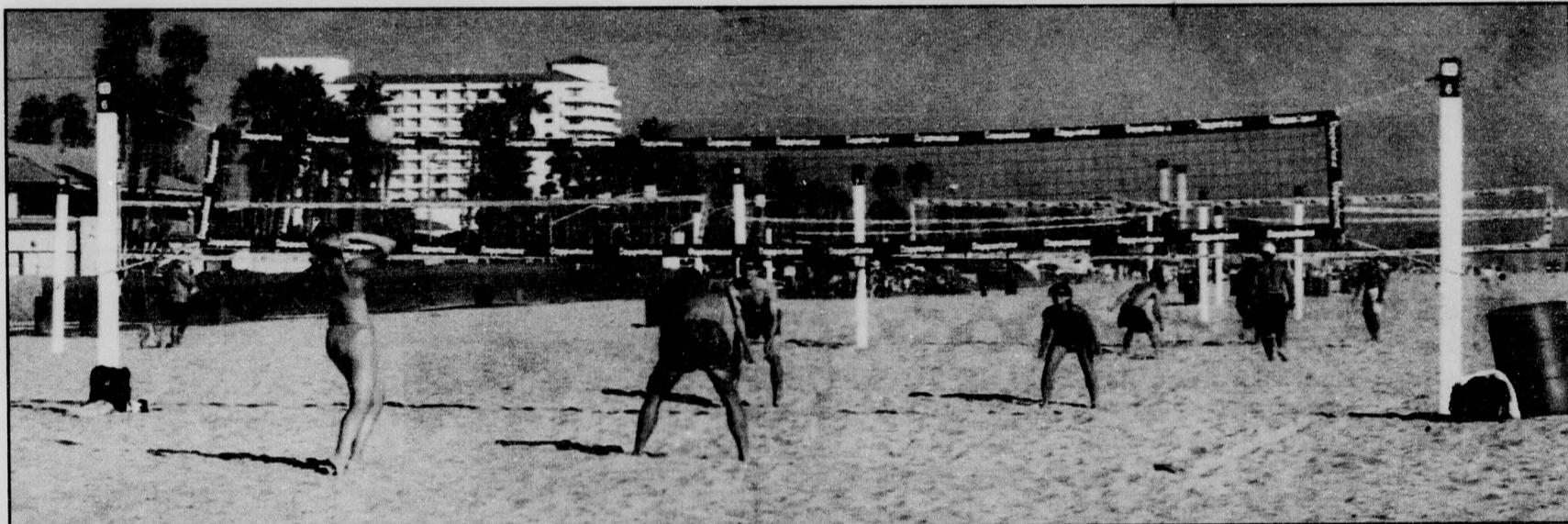
The end of summer

doesn't have to be negative. I like to think of it as the beginning of something new. A new chance to accomplish my goals before the next one rolls around, and I can again take time for myself.

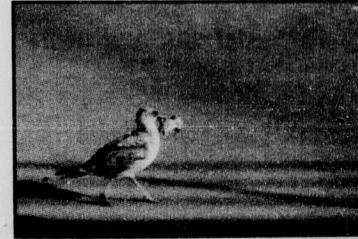
I always seem to accomplish more during the other seasons than during the hottest season of the year.

I don't know if I prefer this because I spent so many years on that schedule while going to school. Maybe it's simply because, when the sun is shining I'd rather spend the day at the beach instead of working on something important. The fact remains that I accomplish more when the sun doesn't shine.

I'm still not sure what makes this season what it is, but whatever it is, I'm sure going to miss it 'till the next summer.



Huntington Beach is home to many pro-beach volleyball tournaments.



Bolsa Chica State Beach has a marsh sanctuary for marine wildlife. Every year the city organizes a 10k run/walk to raise funds to preserve the fragile wetlands.



Walks along the beach at dusk are a perfect way to bring the summer to an end. It's a serene environment that gives people the opportunity to reflect on goals and the busy autumn that will soon fall upon us.

# Releasing the Spirit Within

**Theatre:** SAC's season opener utilizes shadows, not multi-billion dollar computer graphics to create the illusion of dinosaurs on stage.



Christina Georges / el Don



Christina Georges / el Don

Above: In costume, Michael Ambrosio shows how styrofoam, light and plastic create the illusion of dinosaurs and transform the stage into a deep cavern. Right: Peek, one of the main characters, reels back in awe of the gargantuan Dinosaur at their first encounter.

By Elvira Weigold  
*el Don Style Editor*

To exploit or not to exploit, that is the question. Or at least that is the question *Dinosaurus* takes its viewers into the depths of the earth to explore. This imaginative parable places its characters in a unique situation that leads them on a spiritual journey.

Peek is a self-serving scientist, while Bunk is carefree and humble. As the main characters, they are introduced as Mobile Oil Company employees who stumble into a prehistoric world beneath the crust of the earth that sustains a population of dinosaurs.

The conflict arises when the ambitious Peek, portrayed by Noell Afualo (a newcomer to the SAC stage), wants to exploit the dinosaurs for her personal gain under the guise of scientific research.

The happy-go-lucky Bunk, played by Jeremy Schage (also a first-timer on the SAC stage), tries to refuse participation, but is coaxed along by Peek.

Bunk faces the challenge of convincing Peek that the prehistoric animals should be left alone, after one of the dinosaurs saves his life.

Written by Edward Mast and Lenore Bensinger, *Dinosaurus* is a shadow play directed by performing arts professor Bob Leigh.

Leigh, whose directorial resume at Santa Ana College includes *The Jungle Book* (which played last Spring), brings to the stage an entertaining and visually stimulating play that will please the entire family.

A veteran director, Leigh has implemented the shadow effect in other plays, although this is the first time an entire play under his direction will be performed in shadows.

In this style, the acting takes place behind a large plastic milk screen through which light is shone to produce the shadows.

The dinosaurs are created by using styrofoam and

cardboard cut-outs that are placed on the actors' bodies to give them a reptilian look. The textured stage props are made the same way and produce detailed images of a subterranean world.

Huge mushrooms and jagged stalagmites give the two dimensional scene height and depth.

Some of the dinosaurs' silhouettes are brought to life by combining the efforts of up to three actors.

This can become complicated because all three must have the same understanding of what one character is experiencing to make it work cohesively.

All the physical aspects of the play are exaggerated beyond normal stage acting.

"This is very external, everything has to be much bigger, and everything must be exact ... you're conscious moment by moment in every composition," explained Leigh.

Shadow plays are different from a directorial as well as an actor's perspective.

Usually, the character's personality is developed then the physical attributes follow. The physical performance is the main focus throughout this style of production.

"You're working from the outside in, instead of from the inside out," Leigh added.

This first production of the fall also features an ensemble of talented actors who bring the giant reptiles to life with hyperbolized body movements and beastly vocal inflections.

Ralph Richmond, the narrator, moves the play along by translating the squawks and shrieks of the dinosaurs into English.

Live instrumental music will include guitars, violins, vibes, and keyboard to add ambiance to the prehistoric environment.

Written for all audiences, *Dinosaurus* is easy for kids to follow, but sophisticated enough to keep parents entertained.

**What:** Dinosaurus

**Where:** Phillips Hall

**When:** Sept. 11 thru 13 and

18 thru 20 at 7:30 p.m. Sept.

13, 14 and 20, 21 at 2:30 p.m.

**How much:** General admis-

sion is \$6, Students, staff and

seniors get in for \$5 and chil-

dren under 12 get in for \$4.

**For Reservations and more**

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**STAFF EDITORIALS**

## Beauty is ...

**A**s time passes, so do fashions. What once was considered stylish soon becomes passe. This applies as much to physical attributes as well as clothing.

Women who were considered perfect specimens in their time would be thought of as unattractive, at best, by contemporary standards. The Rubenesque beauties of Greek and Roman times with their ample figures, would be prime candidates for Richard Simmonds or Jenny Craig today. Twiggy, the supermodel of the 60's, would surely be suspect of some eating disorder and encouraged to put on some weight.

Equally amazing are the lengths women have gone to throughout history in order to achieve the "perfect appearance." In the late 18th century a tiny waist was essential if a woman wanted to be stylish. Many of these women suffered great discomfort and in some cases serious health problems to achieve this goal. We think it humorous today to see a picture of one of a woman being cinched into a corset, by a servant with a foot in her back.

Today, more than ever with the help of modern medicine, many men and women alike seem to be more eager than past generations to achieve the perfect physique. The risks associated with surgery seems to do little to deter those determined to change their appearance.

One of the most popular cosmetic surgical procedures done today is breast augmentation. Up until a few years ago this was accomplished by inserting a bag of silicone gel into the breasts. Since discovering that these bags can rupture and spread the material throughout the body, saline filled bags are the most common method used today. Whether or not the silicone is harmful is still being debated.

What drives people to pay thousands of dollars to go under the knife to achieve this perceived perfection? Some of the blame can be attributed to insecurity, lack of self-esteem and peer pressure, but for the most part the blame rests solidly on the images we are bombarded with by the film, television and fashion industries.

What needs to be changed is the way we look at ourselves, instead of changing our physical appearance based on someone else's interpretation of beauty. There has been some progress in this direction, especially in advertising. Some companies are starting to realize that not just beautiful people with perfect bodies are buying their products.

The most common reason for undergoing breast augmentation or cosmetic surgery in general is that it makes people feel better about themselves. We suggest that it might be more cost effective and less permanent to use the money for therapy to improve peoples image of themselves.

**el Don Mailbox Policy**

The el Don encourages expression of all views. Letters should be brief and to the point. All letters should include student ID number and may be edited for length and clarity. Letters to el Don may be delivered to room C-201, or mailed to SAC el Don, Mailbox, 17th at Bristol streets, Santa Ana, CA 92706. Include a phone number where you may be reached.



## Separating fact from fantasy

**T**he night that Princess Diana died, a major television network news anchor compared this tragedy with the assassination of John F. Kennedy. He said that like Kennedy we would remember where we were, and what we were doing when we received the news. We think not.

To those people who live vicariously through the lives of celebrities, depicted in the various print and television tabloids, this may be an accurate comparison. To those of us who deal with reality, it is far from the truth.

That is not to say that the untimely death of Diana is not a sad ending to this tabloid manufactured fairy tale. There is nothing wrong with sympathizing with the death of a fellow human and a mother.

But the reality was that Diana was a poor little rich girl, who found herself unhappy in what amounted to an arranged marriage based on social status rather than love. A marriage that

ended in divorce with confessions of infidelity from both sides. Her marriage problems and her admitted neuroses qualify her as an object of our pity not our adulation.

What is wrong, is to elevate this woman to the status of sainthood. Granted, she did give of her time to help many worthy causes. Some went as far as to compare the works of Mother Teresa with those of Diana. When compared to the accomplishments of Mother Teresa, Diana couldn't hold a candle in the wind to her.

Mother Teresa dedicated her entire life to helping the unfortunate, living with the poorest of the poor in the midst of poverty. Diana took a weekend or a few hours here and there to help raise funds for charity. While Diana's efforts were admirable, equating her deeds with those of Mother Teresa is pure fantasy.

So to say that Diana's death has the profound effect of that of JFK or Mother Teresa is just another fairy tale.

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# Is BEAUTY *in the eye of the surgeon?*

*Each year, more than 12,000 Orange County women pay \$2,500 to \$7,000 for breast implants to capture that covergirl look, yet most Santa Ana College students are opposed to them.*

Demi Moore, Pamela Anderson, and Jenny McCarthy, they make their living being drooled over and envied by the American public. They set the standards by which beauty is judged in society. Perfect faces, perfect waists, plastic breasts.

Each year, over 200,000 women in the United States fork out the cash and go under the knife. More than 12,000 in Orange County alone. Breast implants are the fastest, easiest way to achieve that centerfold look. Spend \$2,500 to \$7,000 and pow, bang, boom - instant sex object.

"Men see these fake women and think that's what all women are supposed to look like," said Erica Nuoz, SAC student. "We don't all want to be Pamela Anderson clones."

While not every woman wants to be Pamela's twin there are some who attempt to emulate the bouncy Baywatch beauty.

"You'd be surprised how many patients come into my office with pictures of famous people, namely Pamela Anderson, saying, 'Can you make me look like this?'" said Dr. Charles Cunningham, a Huntington Beach plastic surgeon. "They want everything; her nose, her lips and of course her 38DD breasts."

Because so many women are surgically altering their bodies to conform to the media's standard, some students feel it's becoming difficult for society to distinguish between natural beauty and a surgeon's idea of perfection.

"Famous women have to look their best. But when their best isn't natural it sets an impossibly high standard for normal women," said Misaki Sumitani, SAC student. "Men compare average women

to these images and they just don't measure up."

New information on the dangers of breast implants has done nothing to deter the growing number of women in search of society's ideal.

"I respect the women who do it," said Isabel Martinez, SAC student. "I think it shows a lot of self confidence. If I had the money I'd definitely think about it." While breast implants certainly do have their supporters, the overwhelming majority of Santa Ana College students interviewed opposed them.

"I would never do it," said Angelina Madrid, SAC student. "It's so dangerous."

Possibility of silicone implants rupturing was the number one reason SAC students gave as their opposition to breast implants.

However, since silicone implants were banned in 1992, pending a review of their safety, most implants used are made of saline.

If the saline implant should rupture it will deflate and be absorbed by the body, greatly reducing the risk posed by silicone.

"Danger is just one issue," said Misaki. "The real issue is why women feel they have to look like Barbie to please men. "Men should like us for our minds not our bodies."

Around campus, the guys seem to feel the same way.

"Men are getting a bad rap in this whole issue. True, men have always preferred larger breasted women," said Alex Jimenez, SAC student. "But I wouldn't date a woman with implants. I'd think she was superficial and insecure."

"I'm happy the way I am," said Misaki. Here at Santa Ana College bigger isn't always better. -Rene Cantoran contributed to this story



Photo illustration By Don Dixon

By Veronica Peterson  
el Don Feature Editor

# Sports

FRIDAY, SEPTEMBER, 12 1997

SANTA ANA COLLEGE el Don

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## KICKIN' FOR THE GOLD

By Rene Cantoran  
el Don Staff Writer

**A**fter a disappointing loss in the playoffs that kept the Santa Ana College's men's soccer team from capturing the state title for the third year in a row, the Dons are gearing up for what figures to be another promising, yet grueling season.

With the teams relentless domination of the Orange Empire Conference last year, they finished 11th overall in the state, and remained for the second year undefeated in conference play, by capturing their third straight conference title.

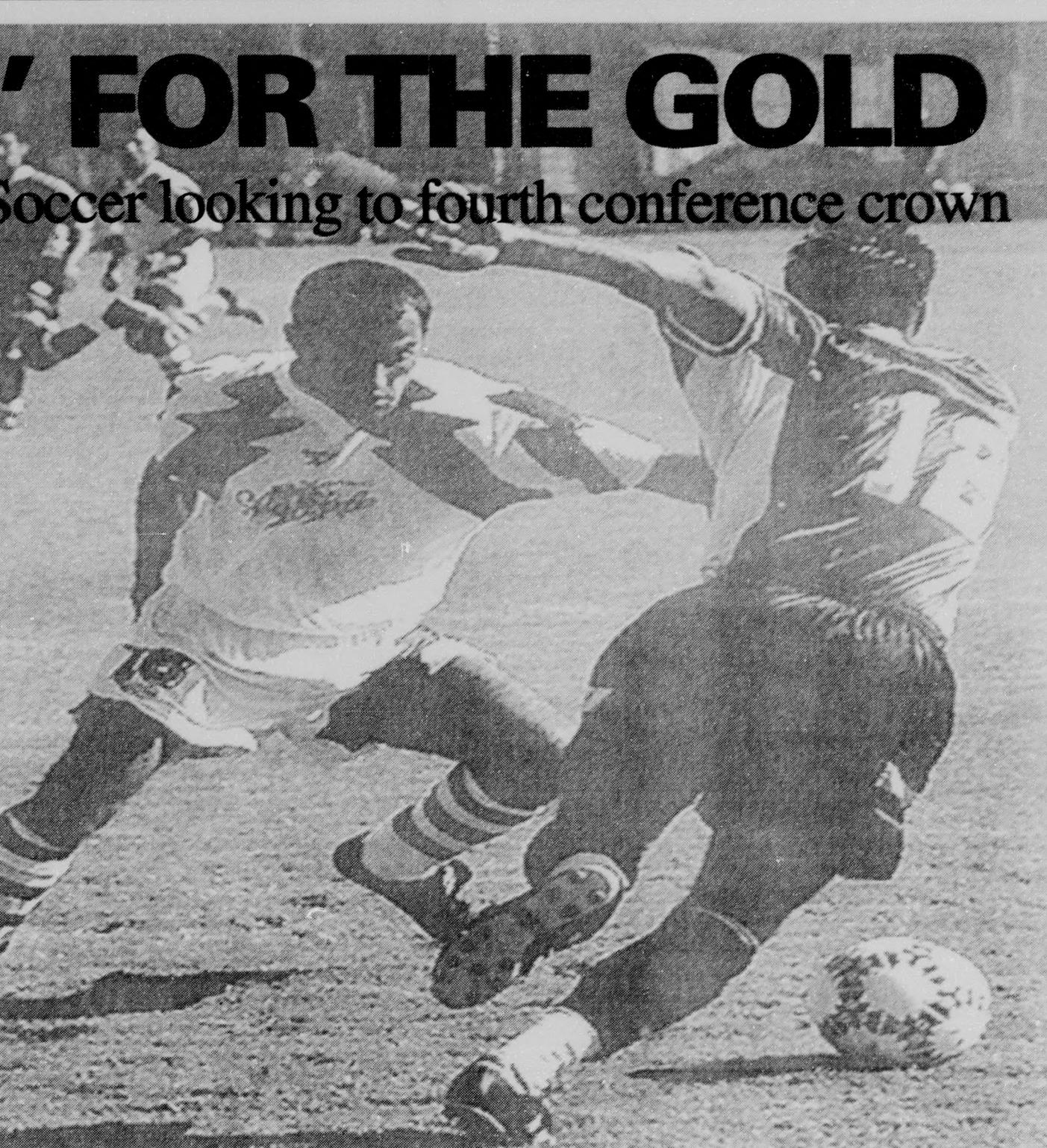
Head Coach J.P. Frutos recognizes and takes pride in their winning streak. Usually a humble man focusing on the players' talents, he admits the team is focused on one goal. "Our goal is to win the conference title for the fourth year in the row, and to make a very strong run for the championship," Frutos said.

Frutos is breathing a little easier with a few returning players from last year's OEC team. "The team is looking good," Frutos said. Although, he has not confirmed the team ranking, "We are ranked in the top four, probably two or three," Frutos said.

Joining the coaching staff is former Don, Jose Vasquez, who is also plays for the L.A. Galaxy. He will aid Frutos in helping the team achieve their goals.

Frutos drives his team to work hard and be committed off the field too. "Our No.1 priority is to do well in school," said Frutos.

Men's Soccer looking to fourth conference crown



Christina Georges / el Don

## Dons open season with lackluster win

**GAME:** With a 2-0 win over Glendale, SAC doesn't play to potential of past seasons

By Rene Cantoran  
el Don Staff Writer

Even though Santa Ana College men's soccer won the game, Head coach J.P. Frutos was not happy with the team's performance against the Glendale Vaqueros on Friday, Sept. 5.

In first exhibition game of the new year proved to be too much for Glendale College as the Dons outscored them 2-0. Though the score was only 2-0, it was a lopsided game as SAC outplayed and outhustled.

The Vaqueros were in trouble for most of the game.

From the onset, the Dons defense held its ground, and the offense was busy pushing, pressing, and pressuring all afternoon. The Dons had numerous opportunities but could not capitalize. Their shots bounced off the goal, were wide to one side, or over the top post. A missed penalty shot in the second half did not help matters. "We played poor and we did not play to our potential," said Frutos after the game.

The Dons got the "W" and top teams win even when they're not playing their best.

If the game was any indication for the upcoming season, then SAC men's soccer showed they can pour it onto their opponents.

Not surprisingly, the Dons realized they can dominate a game, but further success will require improvement.

*"We played poor, and we did not play to our potential"*

-J.P. Frutos  
Men's Head Soccer Coach



### THE DON REPORT



#### WOMEN'S SOCCER

Ending the 1996 season on a hostile note with a brawl with Fullerton College, the Santa Ana College Women's Soccer is lacking what it may need most to be a successful team this year, players.

The main concern for this year's team is having enough players. With only 12 players currently on the roster, new Head Coach Juan Mares just hopes his team is able to make it from game to game with the right amount of people.

With four returning players, Mares is looking to Captain Christine Lopez to set the pace for the team this season.

Awaiting eligibility status, the team's goalkeeper may force another defensive player to fill her position.

"I don't know how this season is going to go yet. It should be a better season than last year's--there's better chemistry; the girls click well," said Mares. "If our goalkeeper is eligible, we will have a more successful season."

On Friday, Sept. 5, the Dons lost to Cerritos College 2-0, in their first home game of the season.

After the initial goal in their first half by Cerritos, SAC was

able to keep the ball in the opposition's territory, and away from their goalie, with the help of Remy Amaro.

Mares Refers to Amaro as "the glue in the defense."

But late in the second half, Cerritos scored again. And even though several attempts were made to score with the assistance of Lopez, time ran out for the team.

The Dons are hosting Cuyamaca College, Monday, Sept. 15, at 3:30pm.

-CHRISTINA GARCIA

#### YELLOW CARD

#### 1997 Amendments to the Laws of the Game and Instruction Football Association Board.

#### Law IV - Players

Equipment - Includes statement: "If thermal shorts are worn they must be of the same main color as the shorts."

Law V - The Referees - "Any player bleeding from a wound must leave the field for treatment."

Law VIII - The Start and Restart of Play - "A goal may be scored directly from the kick-off. The ball is in play when it is kicked and moves forward."

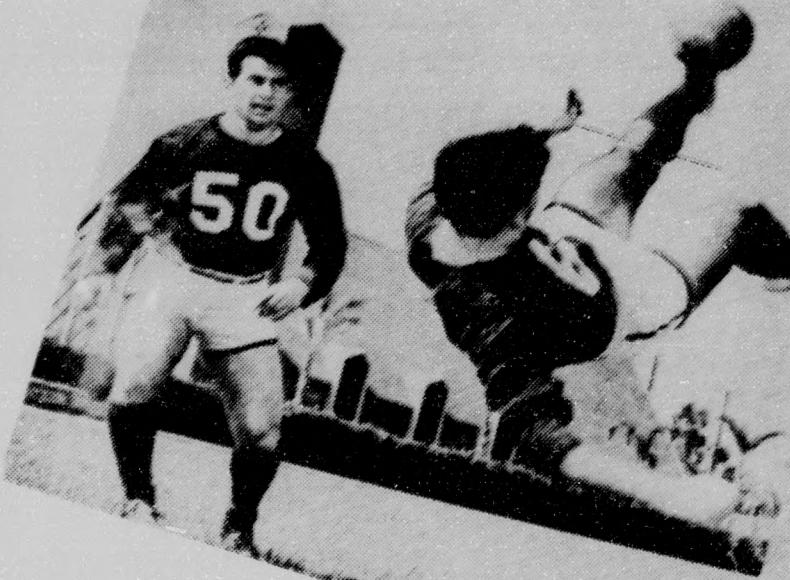
#### GAME PLAN

#### Women

Sept. 15	Cuyamaca
17	East Los Angeles
19	Mt. San Antonio
24	San Diego City
26	Moorpark
27	Long Beach State
30	Riverside
Oct. 3	Cypress
7	Orange Coast
10	Golden West
14	Fullerton
17	Irvine Valley
24	Riverside
28	Cypress
31	Orange Coast
Nov. 4	Golden West
7	Fullerton
11	Irvine Valley

#### Men

Sept. 14	Southwestern
17	San Diego Mesa
20	Santa Barbara City
24	Palomar
26	Allan Hancock
30	Riverside
Oct. 3	Cypress
7	Orange Coast
10	Golden West
14	Fullerton
17	Irvine
28	Cypress
31	Orange Coast
Nov. 4	Golden West
7	Fullerton
11	Irvine Valley



By Theresa Hudzinski  
el Don Editor in Chief

Faded newspaper clippings and yellowed letters fill the pages of Ertuvan Kanatsiz's scrapbook. Photographs of young men demanding to be recognized glare back at you.

Determined to bring their passion for soccer to America, 11 young men organized Santa Ana College's first soccer team 40 years ago this semester. SAC was the first junior college in the state to have a soccer team.

Headed by student coach, Kanatsiz - who was a junior all-star in Turkey and a former Turkish army artillery officer - the soccer team played its first season in 1957 as a club.

The club consisted of six students from Turkey, two from Persia, one from Greece and two from Panama. Soccer has always been an important part of European and South American culture.

"We were allowed to form a team unofficially in 1957," Kanatsiz said. And in 1958, the team was accepted into the Southern California Soccer Association.

Because SAC was not a four-year school, the team wasn't a part of the Southern California Conference which included UCLA, UCR and Cal Tech. But during the regular season, they played against all of the conference teams.

And so their legacy began. Dressed in old football jerseys, the Dons opened the 1958 season with a 2-2 tie against Redlands.

Playing on what is now the track field, the Dons came on strong trying to draw more American students into the game. The Los Angeles Times followed the team closely, and the Dons even made headlines in Turkish newspapers.

At one point during the season, the Dons were in first place in the SCSA, over UCLA, with both teams undefeated going into the last game of the season. In the final game the Dons lost to UCLA 2-0, ending the season in second place their first season in play.

During their second year of SCSA play, the Dons got new uniforms and played at the Santa Ana Bowl.

In order to avoid fees, the Dons had to find ways to get around the standard operating procedures. If they were to charge admission to the matches then they had to pay more in fees.

So to make money for officials, "We sent our girlfriends into the stands at halftime to get donations from the crowds," Kanatsiz said. "And this is how we paid our officials."

During the past 40 years the team has developed into champions in their own right, not only conference champions but state champions as well.

The Dons of 1997 are as determined to be recognized for the same part of their culture as the Dons of 1957.

# Soccer turns

SAC was the first community college to field a soccer team in California

